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My CPD log

Continuing professional development

CPD describes any activity you do to keep your practice up to date. The learning you record in this CPD log can be used as the basis for a CPD entry. You can copy and paste the contents of this log into the recording forms at www.uptodate.org.uk. This log can be used as evidence for your learning portfolio.

Name

Date

Reflect

What do I want to learn?

- Is there something I am doing that I could do better?
- Is there any development in your practice that you need to prepare for?
- Are there patient needs that I have not met?

How is this learning relevant to the safe and effective practise of pharmacy and to my own scope of practice?

What methods did I use to identify that I needed to learn this?

Personal interest, reading, feedback from others.

Plan

By when will I need to have achieved this learning?

Why is this learning important to me and my practice?

How important is it? (1 = low, 5 = high)

	1	2	3	4	5
To me	<input type="checkbox"/>				
To the users of my services/products	<input type="checkbox"/>				
To my colleagues	<input type="checkbox"/>				
To my organisation	<input type="checkbox"/>				

Are these activities achievable, realistic and appropriate?

Yes
No

Act

What activities did I undertake?

What did I learn?

What evidence do I have to support this action? (eg certificate, open learning, workshop attendance, private reading)

Evaluate

To what extent did I learn what I set out to learn at the start of this CPD cycle?

Fully Partly Not at all

1. Ticked fully or partly - here is an example of how I have applied or how I will apply what I have learned to my practice

2. Ticked fully or partly - benefits to my practice have been or will be:

3. My learning has not been fully achieved - what I still have to learn:

4. My learning has not been achieved - because:

What I intend to do next:

- Nothing, I've learned enough for what I need
- Review this entry to see how I can achieve the outstanding learning
- Start a new CPD cycle about what I still need to learn
- This entry is complete